

As iron
sharpens
iron, so
one man
sharpens
another

Proverbs 27:17



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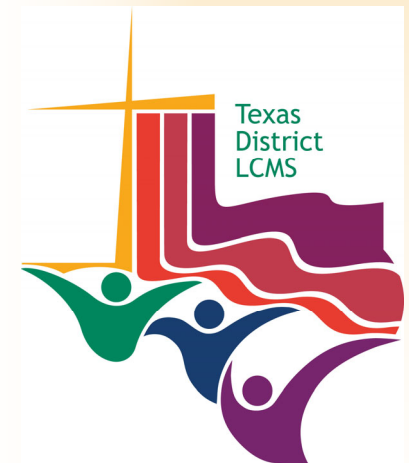
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Texas District Care and Coaching Team



*A Ministry of the Texas District of
The Lutheran Church—Missouri Synod*

Who are we?

The Texas District Care and Coaching Team is a group of people experienced in church ministry who have been appointed by the District President to serve the workers of the district and their families free of charge. The team has been trained to provide care and coaching.

The team members have been chosen because of their experience in ministry and their ability to engage and support colleagues. They meet on a regular basis for additional training and to sharpen their skills. Team members practice confidentiality.

What is Coaching?

Coaches are not counselors or consultants. Coaching begins with the belief that most people have the resources needed to resolve an issue. A coach will first work to establish a relationship with the individual. Next, they will work together to identify goals, explore options, and develop a plan of action.

The members of the Care and Coaching Team have been trained to be coaches. As such, they will not give advice, but rather guide the individual through a process. The coach will also provide follow-up when that is agreed upon. Coaching typically involves four to six sessions, usually less than an hour each. Most coaching sessions take place virtually.

Care and Coaching

Being in ministry can be challenging.

Church workers and their spouses need a safe place to talk about professional or personal issues. Care and Coaching Team members provide that kind of care!

Church workers may desire to grow in ministry skills or life skills. Care and Coaching Team members are available to provide coaching that can help!

The members of the District Care and Coaching Team can provide a safe place with listening ears while working through a process to help you identify options and develop a plan of action. That's care and coaching!