**2019 Senior Fest Registration Form**

**DIRECTIONS TO ST. PAUL LUTHERAN CHURCH**

**Coming to St. Paul using I-35 southbound**
1. Coming from the north, as you approach the upper deck split, stay in the two left lanes towards the Dean Keaton lowers lanes. Try to get into the right lane of the two lower lanes before the upper and lower sections split.
2. Take exit 236A, Dean Keaton. Continue on the I-35 frontage road but as soon as possible (immediately), move to the right lane. At the next light, 32nd St. (at St. David’s Hospital), turn right going west. Continue west on 32nd St. to the next light at Red River Street. Turn right onto Red River St. going north. Continue north for several blocks and you’ll see St. Paul Lutheran church on the right. There is plenty of parking at the first entrance on the south side of the church via Luther Drive as well as the second entrance on the north side of the church.

**Coming to St. Paul using I-35 northbound**
1. Coming from the south, as you approach the upper deck split, stay in the two left lanes towards the Dean Keaton/32nd St. lower lanes. Try to get into the right lane of the two lower lanes before the upper and lower sections split.
2. Take exit 236, Dean Keaton/32nd St. and merge onto the I-35 frontage road. Continue north on the frontage road for several blocks to the light at 32nd St. (Days Inn). Turn left onto 32nd St. going west. Continue west on 32nd St. to the next light at Red River Street. Turn right onto Red River St. going north. Continue north for several blocks and you’ll see St. Paul Lutheran church on the right. There is plenty of parking at the first entrance on the south side of the church via Luther Drive as well as the second entrance on the north side of the church.

**St. Paul Lutheran Church**
3501 Red River St., Austin, TX 78705
accessible for persons in wheelchairs and those with limited mobility

**KEYNOTE SPEAKER**

Bishop Michael Rinehart

“Living Fearless Lives of Courage and Faith”

Bishop Rinehart says serving as bishop of the Texas-Louisiana Gulf Coast Synod of the Evangelical Lutheran Church in America since 2007 is an honor, a challenge, and a joy and it has given him the opportunity to work with many gifted pastors and committed people of faith. His synod is creating communities that make disciples who serve the world in Jesus’ name.

Bishop Rinehart currently serves on the Corporation Board of Texas Lutheran University, the Board of the Houston Coalition for Mutual Respect, the Board of the Lutheran Immigration and Refugee Service, and the Houston Coalition for Immigration Reform.

He received his Bachelor of Music in organ performance from Valparaiso University, Indiana, in 1983, and his Masters of Divinity from Trinity Lutheran Seminary, Columbus, Ohio in 1988.

He and his wife Susan have two children, John, and Yuliana.
SENIOR FEST 2019 SCHEDULE

8:30-9:00 A.M. Registration and Coffee Fellowship
* please bring snacks to share during the coffee fellowship
9:00-9:30 ....... Introduction & Devotions
  Devotions: Rev. Michael Neuman, Texas District President (LCMS)
9:30-10:15 ...... Keynote Address: Bishop Michael Rinehart, Texas-Louisiana Gulf Coast Synod (ELCA)
10:15-10:30 ...... Break
10:30-11:15 ...... Keynote Address, continued
11:20-12:15 P.M. Session A workshop
12:15-1:00 ...... Catered Lunch
1:05-2:00 ...... Session B workshop
2:05-3:00 P.M. Session C workshop
3:00 P.M. ...... Depart

1. BE NOT AFRAID! DISCOVER THE MYSTERY OF THE LABYRINTH
   Barbara Schutz, Spiritual Director, member of First English Lutheran Church (ELCA), Austin
   For literally thousands of years the labyrinth has been used as a meditation or prayer tool. What is the key to its popularity and success? Come discover its beauty and power for yourself! You will hear about its history and symbolism and how to walk it, and then have the opportunity to experience a labyrinth walk.
   1. BENOTAFRAID! DISCOVER THE MYSTERY OF THE LABYRINTH!
      - Texas Ramp Project Austin
      - "Building Freedom for the Homebound"
      - @TexasRampProjectAustin

   2. BOTH SIDES NOW: Dialog in a Time of Political Extremism
      Bee Moorehead, Executive Director, Texas Interfaith Center for Public Policy/Texas Impact member and deacon of University Presbyterian Church (PCUSA), Austin
      Mark Twain said not to talk about religion or politics in polite company... but unless you want to live by yourself on a desert island, good luck avoiding either topic. Luckily, our faith gives us tools and insights to help us have authentic, loving conversations, even when we disagree. And in today’s polarized environment, there may be nothing more crucial to our nation’s survival.
   
   3. CALLINGS NO ONE HOPE(S BUT MAY BE UNABLE TO REFUSE:
      Are you ready? How do you prepare?
      Barbara Wiederaenders, member of First English Lutheran Church (ELCA), Austin
   CAREGIVER—To be called upon to be another adult’s unpaid caregiver means that someone else, likely someone we care about deeply, needs us to give our lives to them.
   CARE RECEIVER—To be called upon to give up our self-determination, our unfinished dreams because of an incurable dementia means that we must move from independence to dependence.
   Can we believe that these are callings? How can we move from fear or dread of these callings to willingness, even faith that God is calling us, that blessings await? This is what we will explore. We will consider the physical, financial, emotional, and spiritual preparations for these eventualities that will be helpful right now.

   4. FEARLESS GENEROSITY: Legacy Planning for Family and Ministry
      Deacon John Dellis, gift planner, Lutheran Foundation of the Southwest member of Abiding Presence Lutheran Church (ELCA), San Antonio
      Everything that we have is a gift that God places in our care during our lifetimes. We each have the privilege, responsibility and joy of being a steward, of caring for loved ones, for God’s creation, and also creating gifts for Christian ministry. Deacon John Dellis will provide information on legacy planning, including how to care for your family and benefit ministries of the church, as well as other non-profit organizations.

   5. HAVENOFEAR; SAFEI ANCHORIN HISGRACE!
      Dr. Robert Achterberg, member of St. Paul Lutheran Church (LCMS), Austin
      Deacon John Dellis will provide information on legacy planning, including how to care for your family and benefit ministries of the church, as well as other non-profit organizations.
   CARE RECEIVER—To be called upon to be another adult’s unpaid caregiver means that someone else, likely someone we care about deeply, needs us to give our lives to them.
   CARE RECEIVER—To be called upon to give up our self-determination, our unfinished dreams because of an incurable dementia means that we must move from independence to dependence.
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      Blaine Nelson, member of St. Andrew Lutheran Church (ELCA), Canyon Lake
      This workshop will explore the considerations in dealing with personal property inheritance issues. Participants will watch a DVD developed by the University of Minnesota Extension Service, have an opportunity to work on exercises, and discuss ideas with others in the group.

Questions about the event? Contact Peggy Ogden-Howe, 512-943-0312 (h), peggy.ogdenhowe@gmail.com